

Being able to ask for help

Prompt Card



I had Chantelle Fiddy (general industry legend) who took me under her wing and introduced me to people. Without her and various other mentors I had, I wouldn't have got a look in most doors I managed to knock down.

Sian Anderson



Sian Anderson grew up in Lewisham. She is a 25 year-old media powerhouse and grime ambassador. She runs her own marketing and PR company and is a DJ on BBC radio 1extra. She also runs a youth mentoring programme.

P.S. There's more on being able to ask for help in the Start Bouncing section of the Bounce Back website: www.bouncebacknewham.co.uk